

DOROT

University Without Walls

Lifelong Learning for an
Engaged Community

February - May 2026

Registration will begin on January 20, 2026



GENERATIONS HELPING

DOROT

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Table of Contents

News, Technology & Our Society	3-4
The Barbara and Bentley Kassal Foundation Museum Discussions	4-5
Music & Performing Arts	5-7
The Estate of Elaine M. Edelman Literature & Storytelling Series	7-8
Jewish Interests	8-10
Health & Wellness	10-11
Discussion Groups & Support Groups	11-12
Program Guidelines	13
Our Support & Partners	14

What is University Without Walls (UWW)?

UWW is DOROT's flagship teleconference program for older adults. We offer hundreds of programs over the telephone. Explore art and culture, discuss news, share memories, practice new skills and connect with peers through our support groups. Experience the joys and benefits of community and lifelong learning – all from the comfort of your home. UWW programs are all 50 minutes.

Programs for Russian speakers

Learn about our Russian University Without Walls offerings. Call (917) 441-5061.

Connecting to Your UWW Teleconference Program

Programs are offered in two formats: Dial-In and Staff-Connected. The format is noted next to the time and date of each program.

Dial-In programs

You will call a phone number and dial a "Meeting ID" to join your program. The number and Meeting ID are given when you register. If you like, you can request a toll-free number from a UWW Staff Member.

Staff-Connected programs

DOROT staff will call and connect you approximately 15 minutes before the program. You will be on hold until the program begins.

Other Without Walls Programs

DOROT is part of the international Without Walls Network of programs for older adults provided over the phone. For more information, please contact:

- **Front Porch - Well Connected**
(877) 797-7299 • Covia.org

Zoom and In-Person Programs

To learn about DOROT's Zoom or in-person offerings, visit our online calendar at dorotusa.org/calendar/

A New Season of Learning and Belonging

DOROT is turning 50 this year! As we celebrate our golden anniversary, we hope you will join us for our University Without Walls teleconference program — a cornerstone of DOROT's work and a vital community space since it was launched in 1989.

A new year invites us to begin again, with fresh energy, open minds, and a renewed sense of possibility. As we welcome the Winter/Spring 2026 semester of University Without Walls, we are delighted to begin this season together. This moment marks not just a new semester, but a new chapter rooted in collaboration, care, and shared purpose.

University Without Walls has always been more than a collection of classes. It is a living community shaped by the wisdom, curiosity, and lived experiences of everyone who enters the room. Each voice adds depth to our conversations, and each perspective strengthens our collective learning. At its best, this program is a place where people feel seen, heard, and connected.

As we move forward together, we invite a shared commitment to how we hold space for one another, listening with generosity, speaking with intention, and honoring the time and presence of those around us. This mutual respect is at the heart of DOROT's mission to combat social isolation and foster a true sense of belonging.

We are so glad you are here. May this semester be one of meaningful dialogue, discovery, and connection, and may we continue to build a community where everyone belongs.

With warmth and gratitude,

The University Without Walls Team



University Without Walls keeps me culturally connected to the arts. There is so much to choose from, and each year it gets better. I am grateful to DOROT for making my quality of life as active and stimulating as it was when I was working.



– UWW Participant

University Without Walls Staff

Melissa Esparza

Program Administrator, University Without Walls

Jennifer Tyler

Program Administrator, University Without Walls

Yuyan Huang

Program Coordinator, University Without Walls

Charles Markham

Manager of Onsite and Special Programs

We want to hear from you! For questions and feedback, please call UWW staff at (877) 819-9147 or email uww@dorotusa.org.

News, Technology & Our Society

Please note: You may register for only one section of The Current Political Scene OR Current Events Discussion Group.

Current Events Discussion Group (Staff Connected)

11 Mondays at 11am February 2 – April 27 (No sessions February 16 and March 2)

Renée Adler Ascher, DOROT Board Member and Volunteer

Stay informed and engaged about local and world events. We'll explore how political, social, and cultural developments shape our lives and communities. In this discussion driven class, we will share perspectives and exchange ideas in a respectful, open setting.

The Current Political Scene (Staff Connected)

Section A: 13 Mondays at 3pm February 2 – May 4

(No session February 16, make up session Thursday February 19)

Section B: 14 Tuesdays at 3pm February 3 – May 5

Section C: 12 Wednesdays at 3pm February 4 – May 6

(No sessions April 1 & 8, make up sessions Mondays March 30 and April 6)

Charles Perkins, Historian

Explore how today's political shifts are shaping our lives and communities. Each week we will explore key news developments at home and abroad and discuss the impact of the current political landscape on our nation's character and future. Guided by an expert historian, participants will gain context and understanding of major news events.

Autocratic Leaders in World History (Staff Connected)

13 Tuesdays at 12pm February 3 – May 5 (No session April 28)

Judy Lass, Educator

As the number of autocracies in the world increases, we will examine autocratic figures from across history. In this class led by educator Judy Lass, we will explore pairs of autocrats from the same country, including Russia's Peter the Great and Joseph Stalin, Germany's Otto von Bismarck and Adolf Hitler, and China's Mao Zedong and Deng Xiaoping. Through facilitated exploration, participants will gain historical context that will inform our understanding of global events today.

More Than Sports (Staff Connected)

12 Thursdays at 11am February 5 – May 7 (No sessions April 2 & 9)

Tom Kertes, Retired Newspaper Columnist and Film Critic

Discover the impact of sports on culture and media. Through weekly sessions you'll discuss current team news, industry insights, and historic moments in sports, all in a lively, facilitator-led conversation with a former athlete, columnist, and TV commentator.

Avoiding Scams and Frauds in the Age of AI (Staff Connected)

1 Tuesday at 2pm February 24

Susan Carroll, Esq, Director of Outreach & Training, and Roberta Goodman, Esq, Senior Staff Attorney

Protect yourself in an era of new AI technology. You'll learn common scams and frauds targeting seniors, what they look like today, and how to recognize warning signs. Led by attorneys from the Family Law and Elder Justice Units at Pace University.

Protecting Yourself from Romance Scams (Staff Connected)

1 Tuesday at 2pm March 24

Susan Carroll, Esq, Director of Outreach & Training, and Roberta Goodman, Esq, Senior Staff Attorney

Learn how to recognize and prevent online romance scams. This session covers common tactics, warning signs, and practical tips to keep yourself safe in today's digital dating world. Led by attorneys from the Family Law and Elder Justice Units at Pace University.

The Barbara and Bentley Kassal Foundation

Museum Discussions

Please note: Materials for Museum Discussions will be sent before the program.

Gabriele Münter: Contours of a World (Staff Connected)

1 Tuesday at 10am February 24

Ellen Edelman, Educator, Solomon R. Guggenheim Museum

Discover the bold, vibrant life & art of Gabriele Münter, a pioneer of German Expressionism and early modernism who is the subject of an exhibition at the Guggenheim Museum. Learn how Münter reimagined landscape, still life, and portraiture while challenging the limits placed on women artists of her time.

Mars: NASA's journey to the Red Planet (Staff Connected)

1 Wednesday at 2pm February 25

James Tardiff, Senior Museum Educator, Intrepid Museum

Discover why Mars has fascinated humanity for centuries, as a mythological symbol, a cultural phenomenon, and a scientific frontier. Explore how the Red Planet has shaped stories, inspired exploration, and fueled dreams of the future.

The Art of Still Lifes (Staff Connected)

1 Tuesday at 11am April 14

Diana Toole, Guide, The Brooklyn Museum

Join us for an exploration of still life paintings from the collection of The Brooklyn Museum. In this interactive discussion with an expert from The Brooklyn Museum, we'll explore how food and everyday objects are used in art to reveal cultural values, personal stories, and societal context, and uncover the deeper meanings behind each work.

Seydou Keïta: A Tactile Lens (Staff Connected)

1 Monday at 12pm April 20

Vicki Horowitz, Guide, The Brooklyn Museum

Seydou Keïta's photographs capture the elegance, style, and self-expression of his sitters during a pivotal moment in the history of Mali. In this session, we'll explore how Keïta, one of 20th-century Africa's premier studio photographers and a contemporary of Irving Penn and Richard Avedon, used his lens to reflect cultural identity, social change, and personal stories through portraiture.

Is There Anybody Out There: The Search For Life In The Cosmos (Staff Connected)

1 Wednesday at 2pm April 22

James Tardiff, Senior Museum Educator, Intrepid Museum

Journey beyond our planet and into the search for life in the universe. In this engaging session, we'll explore where life beyond Earth might exist, how scientists are searching for it, and why the possibility may be closer than you ever imagined.

Carol Bove (Staff Connected)

1 Thursday at 10am May 7

Ellen Edelman, Educator, Solomon R. Guggenheim Museum

Discover the work of artist Carol Bove, featured in a major exhibition at the Guggenheim Museum. From small found objects like shells and peacock feathers to huge site-specific works constructed with forklifts and cranes, Bove questions, challenges, and reimagines what sculpture can be.

Music & Performing Arts

24/6: A Jewish Theater Company's Telephone Plays (Staff Connected)

6 Mondays at 12pm February 2 – March 16 (No session February 16)

Yoni Oppenheim, Artistic Director, 24/6: A Jewish Theater Company

Enjoy a short one-person, uplifting, and comedic play followed by a conversation with 24/6's Artistic Director. 24/6 is committed to cultivating innovative theater grounded in Jewish tradition.

The Plays of Tennessee Williams (Staff Connected)

4 Mondays at 4pm February 2 – March 2 (No session February 16)

Talbot Hall, Screenwriter and Director Fellow of the USC School of Cinematic Arts

"STELLLLAAAAA!" Join us for a lively guided discussion of Tennessee Williams' most iconic plays: *A Streetcar Named Desire*, *The Glass Menagerie*, *Cat on a Hot Tin Roof*, and *The Night of the Iguana*. Let's dive deep into Williams' Southern Gothic glory together, beat by beat, to break down the tragic genius of the man who many believe to be the greatest playwright of all time.

The Corner of Casablanca and Sunset Boulevard (Staff Connected)

13 Fridays at 11am February 6 – May 8 (No session April 3)

Tom Kertes, Retired Newspaper Columnist and Film Critic

Let's talk about the greatest movies in Hollywood history – the stars, directors, screenplays, and fascinating stories behind the often-tumultuous process of creation. What goes into making a classic Hollywood movie? Why do these films still speak to us today?

The Great American Songbook (Dial-in)

2 Thursdays at 1pm February 12 & February 19

Simon Metzger, Student, Manhattan School of Music

Explore a selection of jazz standards from the Great American Songbook. Each session will include discussion of the song's composer, origins, and notable interpretations performed by jazz musicians throughout history. Most of the class will focus on listening and discussion, with additional time spent unpacking key musical elements such as song form, improvisation, and arrangement.

Faust in Music: The Devil, the Deal, and the Soundtrack of the Soul (Dial-in)

2 Fridays at 10am February 20 & February 27

Wangshu Xiang, Student, Manhattan School of Music

For centuries, artists have been haunted by the legend of Faust, the scholar who trades his soul for love and power. This two-part course traces how composers from Schubert to Lizst, Berlioz, and Gounod transformed Goethe's timeless tale into music that wrestles with temptation, beauty and redemption. Each session will weave together literature, history, and musical insight , inviting participants to hear familiar works in a new light.

Sidney Bechet: Wizard of Jazz (Dial-in)

4 Thursdays at 12pm March 5 – March 26

Evan Arntzen, Clarinetist, Saxophonist, Vocalist, Educator

One of the most influential and original improvisers in jazz, clarinetist and soprano saxophonist Sidney Bechet was making his powerful sound known around the world even before his first opportunity to record in 1923. Through recordings and live performances by Evan Arntzen, you'll experience the impressive qualities of Bechet's playing as well as his many compositions.

Eras of Musical Theater (Dial-in)

4 Thursdays at 3pm March 5 – March 26

Christopher M. Culp, Clarinetist, Musicologist

American Musical Theater has a rich history filled with unforgettable songs and shows. We'll trace its evolution through four broad eras—the Jazz Age, the Golden Age, the Post-Golden Age, and Contemporary theater—listening along the way to iconic numbers that bring each era to life.

The Life and Music of Nat King Cole (Dial-in)

2 Mondays at 4pm March 9 & March 16

Derek Lewis, Student, Manhattan School of Music

This two-part series will take a deep dive into Nat King Cole's most influential recordings, spanning the breadth of his career and highlighting his impact on both the jazz and pop worlds. We will also explore Cole's role as one of the first and most prominent mainstream Black artists in pre-civil rights America, and his lasting impact on the entertainment industry.

Intro to Jazz II (Dial-in)

4 Thursdays at 12pm April 16 – May 7

Evan Arntzen, Clarinetist, Saxophonist, Vocalist, Educator

Explore the course of jazz history with expert musician and educator, Evan Arntzen. A continuation of Intro to Jazz 1, this course features guided listening and discussions on recordings of this quintessentially American art form from the mid-1950s until present day. Those who have taken the class before can expect different musical selections.

History of the Saxophone (Dial-in)

2 Wednesdays at 2pm April 29 & May 6

Alex Howard, Student, Manhattan School of Music

Discover the saxophone's rich history, most iconic repertoire, and the musicians who helped shape the instrument.

The Estate of Elaine M. Edelman

Literature & Storytelling Series

Please note: Books and stories for our Literature and Storytelling Series will be sent before the program. You may only register for one book discussion group.

The Pearls of Wisdom Present... (Staff Connected)

3 Wednesdays at 2pm February 18, March 11, & April 15

DOROT Pearls of Wisdom Storytelling Troup

The Pearls of Wisdom are a touring ensemble of elder storytellers, who present rich stories that illuminate their individual pasts and, in turn, our collective histories. Join us as the Pearls share different personal stories and afterwards open the floor for discussion, questions and your own stories.

Short Story Discussion Group with NYPL (Staff Connected)

Section A: 1 Wednesday February 18 at 12pm

Section B: 1 Wednesday March 18 at 12pm

Section C: 1 Wednesday April 15 at 12pm

Cleo de Lasa, Information Assistant, Seward Park New York Public Library

Enjoy a lively discussion of classic and new short stories and share your opinions on literature.

Book Discussion Group with NYPL: Eleanor Oliphant Is Completely Fine by Gail Honeyman (Staff Connected)

1 Friday at 1pm February 20

Daria Lindsay, Librarian, St. Agnes Library

Discover the power of connection through bestselling novel *Eleanor Oliphant Is Completely Fine*. This warm, witty story follows Eleanor, a quirky, isolated woman, whose life begins to change after an unexpected friendship. Join us to read and discuss themes of loneliness, resilience, and the importance of human connection in a welcoming, facilitator-led conversation.

Book Discussion Group with NYPL: The Lost Apothecary by Sarah Penner (Staff Connected)

1 Friday at 1pm March 20

Daria Lindsay, Librarian, St. Agnes Library

Uncover secrets, vengeance, and the power of women's networks in *The Lost Apothecary* by Sarah Penner. This spellbinding novel intertwines an 18th-century apothecary's dangerous trade with a modern-day historian's search for truth. Join us to read and discuss themes of justice, resilience, and the unexpected ways lives connect across centuries in a welcoming, facilitator-led conversation.

The Healing Power of Poetry: Addressing Grief (Staff Connected)

Section A: 1 Monday at 4pm March 23

Section B: 1 Monday at 4pm May 4

Please note you may only register for one section of this course.

Dr. Lynne Rosenthal, Professor of English and Literature & Certified Poetry Therapist

Poetry offers an important way for us to heal. Join us in using words, images, sounds, and rhythms to process feelings of grief and loss. We'll read and discuss selected poems and respond with our own writing as we begin to move towards healing. Content will be different than previous sessions.

Book Discussion Group with NYPL: Blue Light Hours by Bruna Dantas Lobato (Staff Connected)

1 Friday at 1pm April 17

Daria Lindsay, Librarian, St. Agnes Library

Experience an intimate story of family, distance, and belonging in Bruna Dantas Lobato's debut novel. Through tender Skype calls between a Brazilian mother and her daughter studying in Vermont, this beautifully written work explores love, sacrifice, and the search for home. Join us for a thoughtful discussion in a welcoming, facilitator-led group.

Jewish Interests

Due to popular demand, you may register for only two classes facilitated by Debra Smith, and one class facilitated by Lee Slavutin.

Our Torah Stories: Fact, Fiction or Fantasy (Staff Connected)

6 Mondays at 10am February 2 – March 16 (No session February 16)

Rabbi Debra Smith, Educator; CSW, Congregation Or Ha Lev

Many of Judaism's foundational texts and stories seem like they could not have possibly happened the way they are recorded. From the Creation of the World to the Talking Donkey to the Parting of the Red Sea and many more, we will explore a range of Jewish texts throughout history and try to determine historical fact from fiction from pure fantasy.

Inside the Jewish Blacklist (Staff Connected)

7 Wednesdays at 10am February 4 – March 18

Rabbi Debra Smith, Educator; CSW, Congregation Or Ha Lev

Explore the historical context of the Blacklist in America and its impact on Jewish artists' lives and work. The session will examine the personal stories of blacklisted entertainers, examining their personal stories, the art they created, and the challenges of living under scrutiny. Featured figures include Orson Welles, Leonard Bernstein, Charlie Chaplin, and more.

Living with the Torah (Staff Connected)

10 Tuesdays 1pm February 24 – April 28

Lee Slavutin, MD, CLU

The Alter Rebbe, Rabbi Schneur Zalman of Liadi, teaches us to live with the Parsha of the Torah, the portion of the Bible that is read in synagogue each week. Together we can be inspired to enrich our lives from the powerful lessons in the weekly Torah portion.

Jewish Mysticism (Staff Connected)

9 Thursdays at 1pm February 26 – May 7 (No sessions April 2 & 9)

Lee Slavutin, MD, CLU

The Tanya, an early work of Hasidic philosophy, provides a spiritual roadmap to Jewish mysticism with an emphasis on applying lessons to our daily service to God and our relationships with family and friends. Let's explore this treasure of Jewish heritage together.

Talmud Treasures (Staff Connected)

5 Wednesdays at 1pm March 4 – April 15 (No sessions April 1 & 8)

Lee Slavutin, MD, CLU

The Talmud is filled with beautiful stories and powerful life lessons articulated by our Sages and recorded over several hundred years. We will select several passages to learn together and extract lessons that we can apply to our lives.

Tarnow: Center of Jewish Life in Polish Galicia (Dial-in)

1 Friday at 12 pm March 6

Olga Bokhonovskaya, Professional Tour Guide

Explore the rich Jewish heritage of Tarnow through an immersive virtual tour that brings the city's vibrant past to life. Discover historic synagogues, the Jewish cemetery, the Bimah memorial, and stories of the community that shaped Tarnow for centuries.

Famous Villains in Jewish History (Staff Connected)

7 Mondays at 10am March 23 – May 4

Rabbi Debra Smith, Educator; CSW, Congregation Or Ha Lev

Throughout history, the Jewish people have been oppressed by villains, both individual and collective. We will examine evil individuals and destructive forces throughout Jewish history to see how we have triumphed as a people. The figures we will study include Goliath and the Philistines, Amalek, the figures of the Inquisition, Haman, King Herod and more.

Passover Recipes, Rituals, and Memories (Staff Connected)

2 Mondays at 12pm March 23 & March 30

Amy Stein-Milford, Director, Onsite and Special Programs at DOROT

Discover ways to enrich your Passover celebrations. In this guided discussion, we will share our favorite holiday recipes, rituals and memories, and brainstorm ways to introduce meaningful new traditions, memorialize loved ones, and create moments of light and joy whether we are gathering in a group or celebrating alone.

Judaism's Most Famous Couples (Staff Connected)

6 Wednesdays at 10am March 25 – May 6 (No session April 8)

Rabbi Debra Smith, Educator; CSW, Congregation Or Ha Lev

We will study the lives, relationships, and interpersonal dynamics of some of the most well-known couples in Jewish history and literature. Some of the couples we will study include Ahab and Jezebel, Sarah and Abraham, Jacob, Rachel and Leah, Ruth and Naomi, and many more.

UNESCO Listed Jewish Heritage of Worms (Dial-in)

1 Friday at 12pm April 24

Olga Bokhonovskaya, Professional Tour Guide

Discover one of Europe's oldest Jewish communities on our virtual tour of Worms, Germany. Explore the historic Judengasse (Jewish lane), the revered Worms Synagogue (the oldest in Germany), the ancient Jewish cemetery, and site associated with medieval scholars and legends.

Health & Wellness

Please note: Materials for our multi-session Health & Wellness classes will be sent before the program. We do not send out materials for single session classes.

What to Expect at Your Hearing Test (Staff Connected)

1 Wednesday at 2pm, February 4

Beth Ann Ditkoff, MD, Medical Author

About half of adults over age 74 have some hearing loss. In this one- session class, we will discuss who needs a hearing test and what to expect at your evaluation. We will also touch on possible results and types of follow-up.

Self-Massage for Stress Relief and Relaxation (Staff Connected)

7 Fridays at 12pm February 27 - May 8 (No sessions Mar 6 & 20, April 3 & 24)

Alix Keast, Asian Bodywork and Licensed Massage Therapist

We will use the breath, gentle stretching, and self-acupressure to help bring us into a calmer and more centered place. These techniques are all based on classical Chinese medicine, with beautiful imagery and powerful effects.

Mind-Body Tips and Tricks for Relieving Stress (Staff Connected)

6 Tuesdays at 10am March 3 – April 7

C. Vicki Gold, PT, MA, Thera-Fitness, Inc

Explore and experience approaches to managing stress. Participants may bring their individual concerns or stressors to this informative, and often fun class. Presented by a retired physical therapist with an extensive background in mind and body approaches to mental and physical well-being.

Seated Qigong, Tai Chi Easy Arms, and Guided Meditation (Staff Connected)

5 Fridays at 10am March 6 – April 10 (No session April 3)

Melissa Elstein, Certified Yoga and Qigong Teacher

Learn Chair Yoga warmups, seated Tai Chi Easy™, and Qigong arm gestures to increase your chi (life-force), strengthen your muscles, and focus your mind through movement and discussion. Combined with guided relaxation visualizations, and meditation, you'll feel a greater sense of calm.

Sounds of Yoga (Staff Connected)

4 Fridays at 10am April 17 – May 8

Melissa Elstein, Certified Yoga and Qigong Teacher

We will explore various sounding techniques helpful for moving energy in our bodies to focus our minds, uplift our spirits, and expand our awareness. From the humming sound of the yogic bumblebee breathing practice to the sounds of the 7 chakras, enjoy this harmonious exploration.

Discussion Groups

Kindergarten Lessons for a Lifetime (Staff Connected)

4 Mondays at 2pm February 2 – March 2 (No session February 16)

Yi-Jun Yeh, DOROT MSW Intern

Do the simple rules of childhood still apply? We revisit Robert Fulghum's classic, *All I Really Need to Know I Learned in Kindergarten*, to explore life's milestones. From "playing fair" to "finding wonder," join us to connect, laugh, and share wisdom in this supportive telephone community.

Journaling: Discovering Insight and Awareness (Staff Connected)

10 Tuesdays at 11am February 3 - April 7

Constance Gemson, LMSW, Social Worker and Author

Explore the possibilities and promise of writing in a journal. Understand your life by exploring the past and creating a more thoughtful future. Group members can share their writings or listen to others in a supportive setting.

Resiliency: Bouncing Back After Hard Times (Staff Connected)

10 Wednesdays at 11am February 4 - April 22 (No sessions April 1 & 8)

Constance Gemson, LMSW, Social Worker and Author

Discover sources of tenacity and create strength to deal with challenging times. Your ideas and input are encouraged in this interactive program.

Support Groups

In-Sight Program for the Visually Impaired (Staff Connected)

Section A: 14 Tuesdays at 4 pm February 3 – May 5

Section B: 12 Thursdays at 4 pm February 5 – May 7 (No sessions April 2 & 9)

Neva Fairchild, Group Facilitator

This is a peer support group facilitated by a vision rehabilitation specialist with 35 years of professional experience and almost 70 years of lived experience. Members share their struggles with everyday life with low or no vision and learn tips and tricks from the facilitator and each other.

Bereavement Support Group (Dial-in)

Section A (Loss of parent, partner, grandchild):

14 Tuesdays at 5pm February 3 – May 5

Section B (Loss of partner):

14 Thursdays at 6 pm February 5 – May 7

(No sessions April 2 & 9, make up sessions on Tuesdays April 7 and May 5)

Randi Cohen, MA, ACSW, LCSW

Come together in a safe, caring environment for former caregivers who have suffered the loss of a loved one and are seeking a supportive place to grieve and heal.

Program Guidelines

We welcome older adults from diverse backgrounds! To foster an inclusive and mutually beneficial experience for all, please abide by the following guidelines.

At all times

- Be respectful in your interactions with staff, volunteers, facilitators and participants. This includes being mindful of tone, volume, language and subject matter.

At Registration

- Did you know that we speak to more than 100 people during registration week? To facilitate the registration process, please select your program title(s) and ensure they work for your schedule before you call to register.

Before the program

- **Staff-Connected** sessions: You will receive a call 15 minutes before the program time to connect you. Please wait patiently.
- **Dial-In** sessions: Please call into the program 5 minutes before the program begins or on the hour. This is NOT a **staff-connected** call. You need to **Dial-In** on your own. The facilitator must be on the line before participants can connect. If you call before they do, you will receive a message saying "The meeting has not started, please wait or try again later". If this happens, hang up and call again 5 minutes later.
- If you will not be able to join the call, please contact UWW staff before your program begins.

During the program

- Introduce yourself by your first name each time you speak
- Ensure a quiet environment. Mute your phone when listening, refrain from other conversations, do not answer other calls and turn off radios and televisions. Any of these distractions could result in your being muted or disconnected by staff.
- Use *6 on your telephone to mute and unmute yourself.
- Wait for a fellow participant to finish their comment before beginning yours.
- Keep your comments relevant to the topic at hand and be mindful to the amount of time you speak.
- Use language that is respectful of people of differing opinions and experiences.
- Recognize that it is the facilitator's responsibility to manage the conversation, including redirection.
- If you have any feedback, please share directly with UWW staff.
- **Staff-Connected** sessions: If you miss the connecting call or get disconnected, you can call DOROT to be reconnected, bearing in mind we may not be able to do so.
- **Dial-In** sessions: If you get disconnected, you can reconnect yourself by following the same steps as you did to connect at the beginning of the session.
- DOROT will not share your personal information with anyone without your consent.

Thank you

With gratitude, we acknowledge the following foundations, corporations, agencies and individuals that recently have contributed generously to DOROT's University Without Walls programming:

Contributors

Estate of Elaine M. Edelman
The Barbara and Bentley Kassal Foundation
Alice Lawrence Foundation
The Fay J. Lindner Foundation
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 Cultural Development Fund
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 County Department of Senior Programs and
 Service

Community Partners

24/6 A Jewish Theater Company
Bikur Cholim Chесed Organization
Brooklyn Museum
Family Eldercare

New York Public Library
New York City Department of the Aging
Pace Women's Justice Center
The Solomon R. Guggenheim Museum
St. Agnes Library
The Whitney Museum of American Art
Well Connected-Front Porch
Visions Services for the
 Blind & Visually Impaired

Remembrance

We remember the following individuals who
touched the lives of DOROT's teleconference
community:

Barb Chandler
Florence Feurst
Kathy Leeds
Sheila Margolis
John Phelan
Lynn Purcell
Fredric Schneider

Your Support Makes a Difference! Please Donate Today.

Your generous donation helps DOROT provide programs like UWW and many other services — completely free of charge. Donations can be made through the following methods:

Online: www.dorotusa.org/donate • Phone Donations: (917) 441-3729

Mail: Send a check payable to DOROT to: DOROT, 171 West 85th Street • New York, NY 10024

Planned Giving & Legacy Gifts

Are you interested in making a planned gift to DOROT or learning about DOROT's Generations Society? Please contact Dassi Bunyea at (917) 441-5095. The Generations Society recognizes individuals who have made legacy gifts to help ensure the future of DOROT's programming. There are many options for deferred gifts, including through a will, trust, retirement plan, IRA, DAF, or life insurance policy.

Thank you for your support!



University Without Walls

LIFELONG LEARNING FOR
AN ENGAGED COMMUNITY



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New York, NY 10024
212.769.2850
www.dorotusa.org

About DOROT

Since 1976, DOROT has been an innovative leader in the fields of aging services and volunteerism. DOROT alleviates social isolation among older adults and provides services to help them live independently as valued members of the community. We serve the Jewish and wider community, bringing the generations together in a mutually beneficial partnership of older adults, volunteers and professionals. University Without Walls is our flagship teleconference program offering lifelong learning and community from the comfort of home.

University Without Walls registration will begin January 20, 2026

Registration & Information:

Call (877) 819-9147 • Email: uww@DOROTUSA.org • Visit our website: www.DOROTUSA.org/UWW