

June 2022

Onsite@
Home

WEDNESDAY 1

10:30 AM-11:30 AM
Chair Yoga, QiGong,
Tai Chi Easy Fusion

12:00 PM-1:00 PM
Mindfulness Meditation

1:30 PM-2:30 PM
Current Events

2:00 PM-3:30 PM
Tony Bennett,
What an Inspiration

4:00 PM-5:15 PM
Aging Alone, Together:
DOROT + Congregation
Kolot Chayeinu

Scroll down for listings
for the rest of the month



THURSDAY 2

9:30 AM-10:30 AM
Shavuot with MoveMeant:
Embodying Revelation

10:00 AM-11:30 AM
The Experience of
the Poem

10:45 AM-11:45 AM
Current Events

12:30 PM-1:30 PM
Meditation Made Easy

1:00 PM-2:30 PM
The Legacy of the
Ziegfeld Girls

FRIDAY 3

10:30 AM-11:30 AM
Stretch & Strengthen

12:00 PM-1:30 PM
The Cinema Seeks Justice

DOROT

MONDAY

6

**DOROT CLOSED
In Observance Of
Shavuot**

TUESDAY

7

10:30 AM-12:15 PM
Writing Workshop

11:00 AM-12:00 PM
Out@DOROT

1:00 PM-2:00 PM
Stretch & Strengthen

3:00 PM-4:00 PM
Classical Indian Dance

WEDNESDAY

8

10:30 AM-11:30 AM
Chair Yoga, QiGong,
Tai Chi Easy Fusion

12:00 PM-1:00 PM
Mindfulness Meditation

1:00 PM-2:00 PM
Elissa Nadworny:
A Journalist's Experience
in Ukraine

1:30 PM-2:30 PM
Current Events

4:00 PM-5:15 PM
Aging Alone, Together

Scroll down for listings
for the rest of the month



THURSDAY

9

10:00 AM-11:30 AM
The Experience of
the Poem

10:45 AM-11:45 AM
Current Events

11:00 AM-12:00 PM
Safe/Haven: Gay Life
in 1950s Cherry Grove

12:30 PM-1:30 PM
Meditation Made Easy

2:00 PM-3:00 PM
Picasso & His Women

FRIDAY

10

9:45 AM-11:15 AM
Decluttering Meetup

10:30 AM-11:30 AM
Stretch & Strengthen

12:00 PM-1:30 PM
API Joy Through
Photography

DOROT

MONDAY

13

10:00 AM-11:00 AM
Beginner Meditation

11:00 AM-12:00 PM
Chair Yoga

12:00 PM-1:30 PM
The Legacy of Second
Generation Survivors

3:00 PM-4:00 PM
QiGong

4:00 PM-5:00 PM
Monday MindSet

TUESDAY

14

10:30 AM-11:30 AM
Brain Health Salon Series

10:30 AM-12:15 PM
Writing Workshop

12:00 PM-1:00 PM
Emotional Resilience
with Rabbi Lisa Goldstein

1:00 PM-2:00 PM
Stretch & Strengthen

3:00 PM-4:30 PM
Newberry Library:
The History of Postcards

WEDNESDAY

15

10:30 AM-11:30 AM
Chair Yoga, QiGong,
Tai Chi Easy Fusion

11:00 AM-12:30 PM
American Art's
Cold War: Jasper Johns
to Andy Warhol

12:00 PM-1:00 PM
Mindfulness Meditation

1:30 PM-2:30 PM
Current Events

4:00 PM-5:15 PM
Aging Alone, Together

Scroll down for listings
for the rest of the month



THURSDAY

16

10:00 AM-11:30 AM
The Experience of
the Poem

10:45 AM-11:45 AM
Current Events

12:30 PM-1:30 PM
Meditation Made Easy

1:30 PM-2:30 PM
Underground Railroad
Museum: The Legacy
of Juneteenth

FRIDAY

17

10:30 AM-11:30 AM
Stretch & Strengthen

June 2022

MONDAY

20

DOROT CLOSED
In Observance Of
Juneteenth

TUESDAY

21

10:30 AM-12:15 PM
Writing Workshop

11:00 AM-12:00 PM
Out@DOROT

12:00 PM-1:00 PM
Emotional Resilience
with Rabbi Lisa Goldstein

1:00 PM-2:00 PM
Stretch & Strengthen

5:00 PM-6:15 PM
Reproductive Justice
and the
Supreme Court Decision

WEDNESDAY

22

10:30 AM-11:30 AM
Chair Yoga, QiGong,
Tai Chi Easy Fusion

12:00 PM-1:00 PM
Mindfulness Meditation

1:30 PM-2:30 PM
Current Events

4:00 PM-5:15 PM
Aging Alone, Together

Scroll down for listings
for the rest of the month



THURSDAY

23

10:00 AM-11:30 AM
The Experience of
the Poem

10:45 AM-11:45 AM
Current Events

12:30 PM-1:30 PM
Meditation Made Easy

3:00 PM-4:00 PM
Monthly Music
Appreciation

FRIDAY

24

9:45 AM-11:15 AM
Decluttering Meetup

10:30 AM-11:30 AM
Stretch & Strengthen

12:00 PM-1:30 PM
Frida Kahlo: Queer Icon

DOROT

Onsite@
Home

MONDAY 27

11:00 AM-12:00 PM
Chair Yoga

1:00 PM-2:00 PM
Musical Excursions:
A Classical
Music Concert

3:00 PM-4:00 PM
QiGong.

4:00 PM-5:00 PM
Innovations of Jewish
Broadway Composers

TUESDAY 28

10:30 AM-11:30 AM
Brain Health Salon Series

12:00 PM-1:00 PM
Emotional Resilience
with Rabbi Lisa Goldstein

1:00 PM-2:00 PM
Stretch & Strengthen

4:00 PM-5:15 PM
Bucket List Book Club:
Dostoevsky's Crime and
Punishment

WEDNESDAY 29

10:30 AM-11:30 AM
Chair Yoga, QiGong,
Tai Chi Easy Fusion

12:00 PM-1:00 PM
Mindfulness Meditation

1:30 PM-2:30 PM
Current Events

4:00 PM-5:15 PM
Aging Alone, Together

THURSDAY 30

10:45 AM-11:45 AM
Current Events

12:30 PM-1:30 PM
Meditation Made Easy.

2:00 PM-3:00 PM
Blacklist: The Hollywood
Red Scare

4:00 PM-5:00 PM
Book Club:
Strange Weather in Tokyo