

GENERATIONS HELPING

DOROT

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In-Person Programs January & February 2024

Fitness Class with NYRR

Tuesdays in January & February, 10–11 AM

**Note: Not meeting Tuesday, January 23*

Join us for a holistic fitness class instructed by the New York Road Runners Striders utilizing rhythm and musicality to enhance agility, coordination and endurance.

DOROT Community Tallis

Wednesday, January 31, 1:00 PM – 2:30 PM

To honor that which we lost during the pandemic, DOROT's rabbinic intern is creating a community Memorial Tallis. Join us for a hands-on art and educational workshop about our stories, traditions and experiences of collective loss and communal experience.

Knit & Crochet Club

Tuesdays, February 6 & 20, 10 AM–12 PM

Enjoy conversation with fellow knitters while making scarves, hats and other items for New Yorkers in need. New participants and all levels of experience are welcome.

Open Art Studio

Thursday, February 8, 11:00 AM–1:00 PM

Join other artists of all visual mediums for open studio time to work on your own project. Limited supplies available.

Stay Tuned For More In-Person February Programs Soon. View Our Full Calendar:

<https://dorotusa.org/calendar>

RSVP is required for all programs.

To RSVP:

**Email dorotprograms@dorotusa.org
or call (917) 441-3745**

**All events will take place at DOROT,
171 West 85th Street, New York City,
unless otherwise noted.**